



Led walk and nature activity around Town Fields

Every Tuesday 1.00pm - 3.00pm

The walk will begin at the park entrance off Thorne Road, DN2 2JP.

The route is **1.1 miles** and takes **60 minutes**.



A gentle walk and nature activity around the paths of Town Fields. This walk takes place on well maintained footpaths within the park, starting and ending on a gentle incline, however the route is mostly flat and all of the pathways are suitable for wheelchairs and mobility aids.

There are several benches and seating areas around the route and there will be the opportunity for rest stops around the route.

All abilities and fitness levels are welcome.



Book your FREE session or find out more by scanning the QR code, clicking the link to our webpage or contacting us!

www.yourlifedoncaster.co.uk/ride-stride-and-thrive

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